Spring

Week 03

Lunch MENU

School

Wetherby School

Monday

Meat-Free Monday
Vegetable Noodles
or
Special Fried Vegetable Rice

And to go with

Dessert
Fresh Fruit Salad

Tuesday

Main
Pesto & Chicken Pasta

Meat free
Pesto Pasta

And to go with

Dessert
Courgette Cake

Wednesday

Main
Shepherd's Pie

Meat free
Vegetarian Shepherd's Pie

And to go with
Broccoli

Dessert
Peaches and Greek Yoghurt

Everyday

Soup of the day

Salad bar, Crudités

Freshly baked bread

Fruit is available as an alternative to the sweet puddings

Thursday

Main
Baked Salmon

Meat free
Wholemeal Rice

And to go with
Green Beans

Dessert
Cream crackers, cheese & grapes

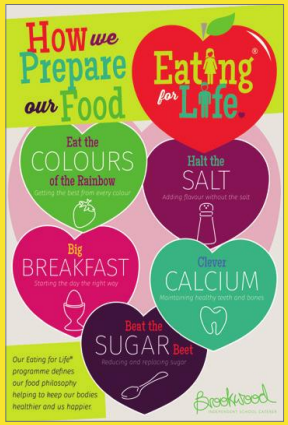
Friday

Main
Lean Beef Burgers with Wholemeal Buns

Meat free
Veggie Burgers

And to go with
Fries
Mixed Salad

Dessert
Banana Bread



NOTES

Soup of the day

Monday… Butternut squash

Tuesday… Tomato & basil

Wednesday… Sweet Potato

Thursday… Broccoli

Friday… Celery

We are award winners!